



Aldrin B. Lazo



Contact Details

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Philippines
15-Jul-1990



Summary

I seek challenging opportunities where I can fully use my skills for the success of the organization. And to contribute my positive attitude, adaptability, and strong communication skills to support team goals and deliver quality work



Skills

- Problem-solving
- Decision making
- Team building
- Editing



Languages

- English
- Arabic



Interest

- Volunteering in Medical Seminars
- Participating in Social Activities
- Attending in other seminars



Experience

Fitness Trainer/Coach Anytime Fitness	Sept 2025-Present
Fitness Trainer/Coach Slimmers World International	Jun 2023 - Jul 2025 (2 Years,1 Months)
1 Years Fitness Trainer/Coach Encore Fitness	Jun 2022 - Jun 2023 (1 Years,0 Months)
1 year Administrative Staff Ospital ng Imus	Jan 2022 - Jul 2022 (0 Years,6 Months)
1 year Nursing Aide II St. Dymphna Imus Isolation Facility PhilHealth Encoding	Nov 2021 - Jul 2022 (0 Years,8 Months)
Fitness Trainer/Coach Pound for Pound Fitness Dasmariñas	Nov 2015 - Apr 2021 (5 Years,5 Months)
8 Years of handling Neurological and Musculoskeletal Patient Physical Therapist Velarde Health Center, Imus Therapy Clinic	Jun 2013 - Nov 2021 (8 Years,5 Months)



Education

Elementary
Philippine Community School in Al-Khobar, Saudi Arabia Apr 1997 - May 2003
High School
Al-Andalus International School Apr 2003 - Jun 2007
College
Bachelor's of Science in Physical Therapist De La Salle University - Dasmariñas, Health Science Institute Jun 2006 - Oct 2013



Certificates

Certificate of Completion in Strength and Speed Workshop powered by SKLZ, Chris Sports. October 2017
Certificate of Completion in Pilates. March 2025
Certificate of Attendance in Preparing Athletes for Peak Performance. May 2022
Certificate of Attendance in "Customer Service Training". March 2020
Certificate of Completion of Pilates Reformer February 2025

Reference

| Robert Principe
Slimmers World International

| Reina Ricohermoso
Slimmers World International

| Evelyn Anoñuevo
Imus Physical Therapy Clinic

| Dr. Cherry Lyn Tumilba-Boque
City Health Office

| Ferdinand Mina
City Health Office

Signature:



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